



Rise & Shine!

## Centerville-Abington Community Schools

With a HEALTHY BREAKFAST

### Breakfast Benefits

1. Energy Boost To Start Your Day
2. More Focus
3. Reduce Morning Crankiness
4. Boost Metabolism



Did You Know?!?

Breakfast includes:

Entrée, Fruit/Juice and a Milk

Breakfast is served daily from 7:30 to 8:00 at Centerville High School, Jr High and Centerville Elementary. Rose Hamilton 7:30 to 8:20am.

Prices: HS/JH \$1.75 CE/RH \$1.45 Paid, \$0.30 Reduced

Any questions contact Tami Scalzo, Food Service Coordinator

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