



SEPTEMBER | 2018

Rose Hamilton Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This menu is subject to change without notice.				NEW ITEM!! WG Cheese Pizza Bagel Bites Cauliflower Carrot Sticks Fruit Slushie Milk
3 No School! Labor Day!	4 Taco Tuesday! Soft Taco on WG Tortilla with Shrd Cheese Black Beans & Mixed Veggies Orange Slices Milk	5 WG Mini Bosco Sticks with Pizza Sauce Green Beans Fresh Melon Chunks Milk	6 Chef Salad with WG Dinner Roll Pears Milk	7 WG Big Daddy's Cheese Pizza Baked Beans Lima Beans Grapes Cookie Milk
10 Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Peas Peaches Milk	11 Beef N' Cheddar Nachos on WG Tortilla Chips with Shrd Cheese Baked Beans Corn Banana Milk	12 WG Jumbo Popcorn Chicken Bites Broccoli with Cheese Sauce Pears Brownie Milk	13 WG French Toast Sticks with Syrup Sausage Links Hashbrown Smiles Fruit Juice Milk	14 WG Tony's Cheese Pizza Green Beans Grapes Fruit Slushie Milk
17 WG Chicken Patty Sandwich on WG Bun Mashed Potatoes & Gravy Corn Applesauce Milk	18 Taco Tuesday! Hard Shell Tacos with Shredded Cheese Black Beans Cauliflower Orange Slices Milk	19 Yogurt, String Cheese and WG Goldfish Crackers Broccoli with Cheese Sauce Mixed Fruit Milk	20 WG Corn Dog Sweet Potato Tots Green Beans Apple Slices Milk	21 WG Pizza Bar! Side Salad Lima Beans Strawberries Milk
24 WG Mini Corn Dogs Green Beans Applesauce Cookie Milk	25 Chicken & Waffle Bites with Syrup Baked Beans Hashbrown Mixed Berries Milk	26 JOHNNY APPLESEED DAY! Lasagna Roll-Ups with WG Garlic Bread Broccoli Fresh Apple Homemade Apple Crisp Milk	27 Homemade Chicken & Noodles with WG Dinner Roll Mashed Potatoes & Gravy Corn Orange Slices Milk	28 WG Cheese Pizza Bagel Bites Cauliflower Carrot Sticks Fruit Slushie Milk

Meal Prices

Lunch: \$2.25
 Reduced Lunch: \$0.40
 Adult Lunch: \$3.00
 Milk only: \$0.60

B Option

Monday- WG Chicken Nuggets
 Tuesday- Hot Dog on WG Bun
 Wednesday- Ravioli
 Thursday- Hamburger on WG Bun
 Friday- No Alternate
 *Grilled cheese sandwiches on WG bread are available daily as a C option.

All Centerville-Abington Community School lunch menus are in agreement with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, RHE main office, RHE cafeteria, or to your student's teacher.