



# SEPTEMBER | 2018

## Centerville Junior High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>This menu is subject to change with or without notice.</p>				
<p><b>3</b></p> <p>No School Labor Day!</p>	<p><b>4</b></p> <p>WG Buffalo Chicken Wrap on WG Tortilla Shell Shrd Lettuce &amp; Tomato Green Beans Strawberries Milk</p>	<p><b>5</b></p> <p>WG Macaroni and Cheese with WG Breadstick Cooked Carrots Side Salad Applesauce Milk</p>	<p><b>6</b></p> <p>Deli Wrap on WG Tortilla Shell Shrd Lettuce &amp; Tomato WG Cheez-It Crackers Baked Beans Side Salad Melon Chunks Milk</p>	<p><b>7</b> <b>HOMECOMING FRIDAY!</b></p> <p>Chicken Nachos on WG Tortilla Chips with Queso Cheese Black Beans Blueberries Cookie Milk</p>
<p><b>10</b></p> <p>Breakfast for Lunch! WG Pancakes with Syrup Sausage Hashbrown Smiles Peaches Milk</p>	<p><b>11</b></p> <p>Burrito Bowl Bar!! Your choice of: Chicken, Taco Meat, or Beef Steak Rice or WG Tortilla Shell Lots of Veggie Toppings Apple Milk</p>	<p><b>12</b></p> <p>Spaghetti with WG Garlic Bread Peas Side Salad Grapes Milk</p>	<p><b>13</b></p> <p>Philly Cheesteak Sandwich on WG Bun Cooked Carrots Pineapple Milk</p>	<p><b>14</b></p> <p>WG Spicy Popcorn Chicken with WG Goldfish Crackers Baked Beans Parmesan &amp; Herb Baked Broccoli Blueberries Milk</p>
<p><b>17</b></p> <p>Salisbury Steak with WG Dinner Roll Mashed Potatoes &amp; Gravy Green Beans Mixed Fruit Milk</p>	<p><b>18</b></p> <p>Pepperoni Pizza Burger on WG Bun Cooked Carrots Pears Cookie Milk</p>	<p><b>19</b></p> <p>WG Chicken Nuggets Broccoli with Cheese Baked Potato Wedges Applesauce Milk</p>	<p><b>20</b></p> <p>Chicken Nachos on Corn Chips with Queso Cheese Black Beans Mixed Veggies Mixed Berries Milk</p>	<p><b>21</b></p> <p>WG Pizza Bar! Corn Pears Fruit Slushie Milk</p>
<p><b>24</b></p> <p>WG Popcorn Chicken Bites Onion Rings Corn Peaches Milk</p>	<p><b>25</b></p> <p>Walking Taco with Fritos or Doritos Shrd Lettuce &amp; Tomato Black Beans Salsa Apple Milk</p>	<p><b>26</b></p> <p>WG Mini Bosco Sticks with Pizza Sauce Broccoli Grapes Jello Milk</p>	<p><b>27</b></p> <p>Breakfast for Lunch! Sausage Gravy with WG Biscuit Hashbrown Smiles Baked Apples Milk</p>	<p><b>28</b></p> <p>Cheesy BBQ Chicken on a WG Flatbread Green Beans Pineapple Milk</p>

### Meal Prices

Lunch: \$2.50  
Reduced Lunch: \$0.40  
Adult Lunch: \$3.00

### B Option

Monday- Hot Dog on WG Bun  
Tuesday- Hamburger or  
Cheeseburger on WG Bun  
Wednesday- Pulled Pork on WG  
Sub Bun  
Thursday – WG Corndogs  
Friday- WG Pizza Bar

Chef salads and other main  
entrée choices will be available at  
the discretion of the kitchen staff.

All Centerville-Abington Community  
School lunch menus are in agreeance  
with the Healthy Hunger-Free Kids Act  
of 2010. Nutrition Standards apply to all  
foods sold within the National School  
Lunch Program and all competitive  
foods sold as ala carte items.

**You must be pre-approved to  
receive free or reduced price  
meals. Contact Wanda  
McConaha at 855-3475 or print  
the Application for Free and  
Reduced Meals from the  
school website. Completed  
applications can be turned in  
at the Admin Building, CJHS  
main office, or CJHS cafeteria.**