



OCTOBER | 2018

Centerville Junior High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Popcorn Baked Potato Wedges Peas Mixed Fruit Milk	2 Chicken Fajita on WG Tortilla Shell with Queso Cheese Black Beans Salsa Banana Milk	3 WG Macaroni and Cheese with WG Breadstick Cooked Carrots Side Salad Applesauce Milk	4 <i>Blue & White Day!</i> Boneless Wing Bar French Fries Celery Sticks Clementine Cookie Milk	5 WG Buffalo Chicken Wrap on WG Tortilla Shell Shrd Lettuce & Tomato Green Beans Strawberries Milk
8 Breakfast for Lunch! WG Pancakes with Syrup Sausage Hashbrown Smiles Peaches Milk	9 Burrito Bowl Bar!! Your choice of: Chicken, Taco Meat, or Beef Steak Rice or WG Tortilla Shell Lots of Veggie Toppings Apple Milk	10 Spaghetti with WG Garlic Bread Peas Side Salad Grapes Milk	11 Philly Cheesteak Sandwich on WG Bun Cooked Carrots Pineapple Milk	12 WG Spicy Popcorn Chicken with WG Goldfish Crackers Baked Beans Parmesan & Herb Baked Broccoli Blueberries Milk
15 Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Green Beans Mixed Fruit Milk	16 Pepperoni Pizza Burger on WG Bun Cooked Carrots Pears Cookie Milk	17 WG Chicken Nuggets Broccoli with Cheese Baked Potato Wedges Applesauce Milk	18 Chicken Nachos on Corn Chips with Queso Cheese Black Beans Mixed Veggies Mixed Berries Milk	19 WG Pizza Bar! Corn Pears Fruit Slushie Milk
22	23	24	25	26
Fall Break – No School!				
29 WG Popcorn Chicken Bites Onion Rings Corn Peaches Milk	30 Walking Taco with Fritos or Doritos Shrd Lettuce & Tomato Black Beans Salsa Apple Milk	31 WG Mini Bosco Sticks with Pizza Sauce Broccoli Grapes Jello Milk		

Meal Prices

Lunch: \$2.50
 Reduced Lunch: \$0.40
 Adult Lunch: \$3.00

B Option

Monday- Hot Dog on WG Bun
 Tuesday- Hamburger or Cheeseburger on WG Bun
 Wednesday- Pulled Pork on WG Sub Bun
 Thursday – WG Corndogs
 Friday- WG Pizza Bar

Chef salads and other main entrée choices will be available at the discretion of the kitchen staff.

All Centerville-Abington Community School lunch menus are in agreement with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CJHS main office, or CJHS cafeteria.