



OCTOBER | 2017

Centerville-Abington Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Mini Cheese Bosco Sticks with Pizza Sauce Green Beans Applesauce Milk	3 Chef Salad with WG Crackers Grapes Jello Milk	4 Deli Meat & Cheese Wrap on WG Tortilla Shrd Lettuce & Tomato Baked Beans Pineapple Milk	5 Breakfast for Lunch! WG French Toast Sticks with Syrup Sausage Patty Hashbrown Smiles Strawberries Milk	6 WG Tony's Cheese Pizza Potato Wedges Mixed Veggies Mixed Fruit Brownie Milk
9 Salisbury Steak with Mashed Potatoes & Gravy Cooked Carrots Fruit Milk	10 Chicken Parmesan with Garlic Bread & Spaghetti Noodles Side Salad Pineapple Milk	11 Cheeseburger Meatloaf Scalloped Potatoes Baked Beans Clementine Cookie Milk	12 Homemade Chicken & Noodles with Dinner Roll Mashed Potatoes & Gravy Corn Apples with Caramel Dip Milk	13 Smoked Sausage, Green Beans, and Potatoes Cornbread Fruit Rice Krispie Treat Milk
16 WG Pancakes with Syrup Sausage Patty Hashbrown Smiles Mixed Berries Milk	17 Chicken Nachos with Queso Cheese Refried Beans Corn Apple Slices Milk	18 WG Popcorn Shrimp Baby Baked Potatoes Cooked Carrots Pears Milk	19 WG Mini Corn Dogs Broccoli Side Salad Orange Slice Milk	20 WG Pizza Bar! Green Beans Kiwi Fruit Cookie Milk
23	24	25	26	27
Fall Break – No School!				
30 Yogurt, String Cheese, & WG Goldfish Crackers Broccoli Pickle Spear Peaches Milk	31 Beef N Cheddar Nachos Black Beans & Corn Banana Spooky Sundae Ice Cream Milk	You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CAE main office, CAE cafeteria, or to your student's teacher.		

National School Lunch Week is October 9-13! Enjoy new lunch recipes during this week long event! Each day we will have a prize giveaway; participation required to be eligible to win. No B choice will be available this week; only salads and grilled cheese sandwiches. See kitchen staff with questions.

Meal Prices

Lunch: \$2.25
Reduced Lunch: \$0.40
Adult Lunch: \$3.00

B Option

Monday- WG Chicken Nuggets
Tuesday- Grilled Chicken Sandwich on WG Bun
Wednesday- Hot Dog on WG Bun
Thursday- Hamburger on WG Bun
Friday- No Alternate
*Grilled cheese sandwiches and chef salads are available daily as a C option.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

This menu is subject to change with or without notice.