



NOVEMBER | 2018

Centerville Junior High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>To see a copy of our Powerlunch & Alternate Meal Policy, please visit our Cafeteria Menu page on the school website under Parent Resources.</p> <p>This menu is subject to change without notice.</p>			<p>1 Breakfast for Lunch! Scrambled Eggs with WG Cinnamon Roll Hashbrown Smiles Baked Apples Milk</p>	<p>2 Cheesy BBQ Chicken Flatbread Sandwich Green Beans Pineapple Milk</p>
<p>5 WG Popcorn Shrimp Baked Potato Wedges Peas Mixed Fruit Milk</p>	<p>6 Chicken Fajita on WG Tortilla Shell with Queso Cheese Black Beans Salsa Banana Milk</p>	<p>7 WG Macaroni and Cheese with WG Breadstick Cooked Carrots Side Salad Applesauce Milk</p>	<p>8 Back for Winter! Chili with Cornbread and WG Crackers Broccoli Grapes Milk</p>	<p>9 WG Buffalo Chicken Wrap on WG Tortilla Shell Shrd Lettuce & Tomato Green Beans Strawberries Milk</p>
<p>12 Breakfast for Lunch! WG Pancakes with Syrup Sausage Hashbrown Smiles Peaches Milk</p>	<p>13 Burrito Bowl Bar!! Your choice of: Chicken, Taco Meat, or Beef Steak Rice or WG Tortilla Shell Lots of Veggie Toppings Apple Milk</p>	<p>14 Spaghetti with WG Garlic Bread Peas Side Salad Grapes Milk</p>	<p>15 Thanksgiving Feast Turkey Manhattan with WG Bread Slice Green Beans Peaches Pumpkin Roll Milk</p>	<p>16 WG Spicy Popcorn Chicken with WG Goldfish Crackers Baked Beans Parmesan & Herb Baked Broccoli Blueberries Milk</p>
<p>19 Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Green Beans Mixed Fruit Milk</p>	<p>20 Pepperoni Pizza Burger on WG Bun Cooked Carrots Peas Cookie Milk</p>	<p>21 WG Chicken Nuggets Broccoli with Cheese Baked Potato Wedges Applesauce Milk</p>	<p>22</p> <h3>Thanksgiving Break No School</h3> <p>23</p>	
<p>26 WG Popcorn Chicken Bites Onion Rings Corn Peaches Milk</p>	<p>27 Walking Taco with Fritos or Doritos Shrd Lettuce & Tomato Black Beans Salsa Apple Milk</p>	<p>28 WG Mini Bosco Sticks with Pizza Sauce Broccoli Grapes Jello Milk</p>	<p>29 Breakfast for Lunch! Sausage Gravy with WG Biscuit Hashbrown Smiles Baked Apples Milk</p>	<p>30 Cheesy BBQ Chicken Flatbread Sandwich Green Beans Pineapple Milk</p>

Meal Prices

Lunch: \$2.50
Reduced Lunch: \$0.40
Adult Lunch: \$3.00

B Option

Monday- Hot Dog on WG Bun
Tuesday- Hamburger or
Cheeseburger on WG Bun
Wednesday- Pulled Pork on WG
Sub Bun
Thursday – WG Corndogs
Friday- WG Pizza Bar

Chef salads and other main
entrée choices will be available at
the discretion of the kitchen staff.

All Centerville-Abington Community
School lunch menus are in agreeance
with the Healthy Hunger-Free Kids Act
of 2010. Nutrition Standards apply to all
foods sold within the National School
Lunch Program and all competitive
foods sold as ala carte items.

**You must be pre-approved to
receive free or reduced price
meals. Contact Wanda
McConaha at 855-3475 or print
the Application for Free and
Reduced Meals from the
school website. Completed
applications can be turned in
at the Admin Building, CJHS
main office, or CJHS cafeteria.**