



# JANUARY | 2019

## Centerville Junior High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>31</b></p> <p>You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CJHS main office, or CJHS cafeteria.</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p> <p>To see a copy of our Powerlunch &amp; Alternate Meal Policy, please visit our Cafeteria Menu page on the school website under Parent Resources.</p>
<p><b>7</b></p> <p>WG Popcorn Chicken Bites Onion Rings Corn Peaches Milk</p>	<p><b>8</b></p> <p>Walking Taco with Fritos or Doritos Shrd Lettuce &amp; Tomato Black Beans Salsa Banana Milk</p>	<p><b>9</b></p> <p>WG Mini Bosco Sticks with Pizza Sauce Broccoli Apple Milk</p>	<p><b>10</b></p> <p>Breakfast for Lunch! Scrambled Eggs with WG Cinnamon Roll Hashbrown Smiles Baked Apples Milk</p>	<p><b>11</b></p> <p>Cheesy BBQ Chicken Flatbread Sandwich Green Beans Pineapple Milk</p>
<p><b>14</b></p> <p>WG Popcorn Shrimp Baked Potato Wedges Peas Mixed Fruit Brownie Milk</p>	<p><b>15</b></p> <p>Chicken Fajita on WG Tortilla Shell with Queso Cheese Black Beans &amp; Salsa Banana Milk</p>	<p><b>16</b></p> <p>WG Macaroni and Cheese with WG Breadstick Cooked Carrots Side Salad Applesauce Milk</p>	<p><b>17</b></p> <p>Chili with Cornbread and WG Crackers Broccoli Oranges Milk</p>	<p><b>18</b></p> <p>WG Buffalo Chicken Wrap on WG Tortilla Shell Shrd Lettuce &amp; Tomato Green Beans Strawberries Milk</p>
<p><b>21</b></p> <p>Breakfast for Lunch! WG Pancakes with Syrup Sausage Hashbrown Smiles Peaches Milk</p>	<p><b>22</b></p> <p>Burrito Bowl Bar!! Your choice of: Chicken, Taco Meat, or Beef Steak Rice or WG Tortilla Shell Lots of Veggie Toppings Banana Milk</p>	<p><b>23</b></p> <p>Spaghetti with WG Garlic Bread Peas Side Salad Apple Milk</p>	<p><b>24</b></p> <p>Ham &amp; Cheese Croissant Roll Ups Creamy Tomato Soup Applesauce Milk</p>	<p><b>25</b></p> <p>WG Spicy Popcorn Chicken with WG Goldfish Crackers Baked Beans Parmesan &amp; Herb Baked Broccoli Blueberries Milk</p>
<p><b>28</b></p> <p>Salisbury Steak with WG Dinner Roll Mashed Potatoes &amp; Gravy Green Beans Mixed Fruit Milk</p>	<p><b>29</b></p> <p>Pepperoni Pizza Burger on WG Bun Cooked Carrots Pears Cookie Milk</p>	<p><b>30</b></p> <p>WG Chicken Nuggets Broccoli with Cheese Baked Potato Wedges Applesauce Milk</p>	<p><b>31</b></p> <p>Kitchen's Choice Vegetable Fruit Milk</p>	<p><b>1</b></p> <p>WG Pizza Bar! Corn Pears Fruit Slushie Milk</p>

### Meal Prices

Lunch: \$2.50  
Reduced Lunch: \$0.40  
Adult Lunch: \$3.00

### B Option

Monday- Hot Dog on WG Bun  
Tuesday- Hamburger or Cheeseburger on WG Bun  
Wednesday- Pulled Pork on WG Sub Bun  
Thursday – WG Corndogs  
Friday- WG Pizza Bar

Chef salads and other main entrée choices will be available at the discretion of the kitchen staff.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

This menu is subject to change without notice.