



# JANUARY | 2023

## Centerville Jr High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	3	4 Cook Choice Vegetable Fruit Milk	5 Cook Choice Vegetable Fruit Milk	6 Cook Choice Vegetable Fruit Milk
9 Beef or Chicken Nachos Toppings Black Beans and Corn Fruit Slushie Milk	10 Bosco Sticks W/Pizza Sauce Broccoli Peaches Milk	11 Philly Cheesesteak Sandwich on Submarine Bun Cooked Carrots Banana Milk	12 Salisbury Steak W/Dinner Roll Mashed Potatoes Gravy Green Beans Pears Milk	13 Pizza Bar Applesauce Corn Dessert Milk
16 Pancakes or French toast Sausage Links Hash brown Smiles Fruit Slushie Milk	17 Grilled Cheese Tomato Soup Banana Milk	18 Cheeseburger Mac Breadstick Broccoli Peaches Milk	19 Chicken Nuggets Baked beans Celery Sticks Strawberries Milk	20 Pizza Bar Applesauce Peas Dessert Milk
23 Chicken Patty Baked Beans Corn Fruit Slushie Milk	24 Popcorn Shrimp or Fish Sticks W/Cocktail Sauce Potato Wedges Cali Blend Vegetables Pears Milk	25 Boneless Wing Bar Your choice of Sauce Carrot and Celery Sticks Strawberries Milk	26 Bread Bowl Your choice of soup Peas Apple Milk	27 Pizza Bar Applesauce Carrots Dessert Milk
30 Popcorn Chicken Bowl Breadstick Apple Milk  No B Option	31 Walking Taco Beef or Chicken Toppings Apple Milk	1 Biscuits and Gravy Hash Browns Blueberries Milk	2 Spaghetti with Meat Sauce Breadstick Peas Banana Milk	3 Pizza Bar Applesauce Corn Dessert Milk

### News

#### Meal Prices

Lunch: \$2.60  
Reduced Lunch: \$0.40  
Adult Lunch: \$4.60

#### B Lunch Choice

Monday-Soft Taco  
Tuesday-WG Calzone  
Wednesday-Hamburger W/Bun  
Thursday-WG Corn Dog  
Friday-Pizza bar

All Centerville-Abington Community School lunch menus are in agreement with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

You must be pre-approved to receive free or reduced meals. Contact Staci Schlotterbeck at 855-3475 or print the application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, Office, or to your student's teacher  
**MENU SUBJECT TO CHANGE WITHOUT NOTICE**