

# NOVEMBER | 2021



## Centerville-Abington Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>1</b></p> <p><b>Chicken Nuggets</b> <b>Baked Beans</b> <b>Cooked Carrots</b> <b>Fruit Slushie</b> <b>Milk</b></p>	<p><b>2</b></p> <p><b>BBQ Chicken</b> <b>Black Beans</b> <b>Mixed vegetables</b> <b>Apple Slices</b> <b>Milk</b></p>	<p><b>3</b></p> <p><b>Popcorn Shrimp</b> <b>W/Cocktail Sauce</b> <b>Baby Baker Potatoes</b> <b>Cali Blend Vegetables</b> <b>Banana</b> <b>Milk</b></p>	<p><b>4</b></p> <p><b>Popcorn Chicken</b> <b>French Fries</b> <b>Carrots and Ranch</b> <b>Blueberries</b> <b>Milk</b></p>	<p><b>5</b></p> <p><b>Pizza Bar</b> <b>Applesauce</b> <b>Corn</b> <b>Dessert</b> <b>Milk</b></p>
<p><b>8</b></p> <p><b>Pancakes or French</b> <b>toast</b> <b>Hashbrown Smiles</b> <b>Sausage</b> <b>Fruit Juice</b> <b>Milk</b></p>	<p><b>9</b></p> <p><b>Mac and Cheese</b> <b>Breadstick</b> <b>Broccoli</b> <b>Banana</b> <b>Milk</b></p>	<p><b>10</b></p> <p><b>Chicken Tenders</b> <b>Bag of Chips</b> <b>Celery Sticks</b> <b>Carrot Sticks</b> <b>Pineapple</b> <b>Milk</b></p>	<p><b>11</b></p> <p><b>Fish Sticks</b> <b>Goldfish or Cheez-Its</b> <b>Peas</b> <b>Pears</b> <b>Milk</b></p>	<p><b>12</b></p> <p><b>Pizza Bar</b> <b>Applesauce</b> <b>Corn</b> <b>Dessert</b> <b>Milk</b></p>
<p><b>15</b></p> <p><b>Mini Corn Dogs</b> <b>Baked Beans</b> <b>Bag of Chips</b> <b>Fruit Slushie</b> <b>Milk</b></p>	<p><b>16</b></p> <p><b>Bosco Sticks</b> <b>W/Pizza Sauce</b> <b>Broccoli</b> <b>Banana</b> <b>Milk</b></p>	<p><b>17</b></p> <p><b>Thanksgiving Feast</b> <b>Turkey Manhattan</b> <b>Mashed Potatoes</b> <b>W/ Gravy &amp; Dinner Roll</b> <b>Green Beans</b> <b>Baked Apples</b> <b>Pumpkin Roll</b> <b>Milk</b></p>	<p><b>18</b></p> <p><b>Biscuits and Gravy</b> <b>Tater Tots</b> <b>Scooby Doo Grahams</b> <b>Pears</b> <b>Milk</b></p>	<p><b>19</b></p> <p><b>Pizza Bar</b> <b>Applesauce</b> <b>Corn</b> <b>Dessert</b> <b>Milk</b></p>
<p><b>22</b></p> <p><b>Cooks Choice</b> <b>Veggie</b> <b>Fruit</b> <b>Milk</b></p>	<p><b>23</b></p> <p><b>Cooks Choice</b> <b>Veggie</b> <b>Fruit</b> <b>Milk</b></p>	<p><b>24</b></p> <p><b>Thanksgiving Break</b></p>	<p><b>25</b></p> <p><b>Thanksgiving Break</b></p>	<p><b>26</b></p> <p><b>Thanksgiving Break</b></p>
<p><b>29</b></p> <p><b>Chicken Patty</b> <b>Potato Wedges</b> <b>Lima Beans</b> <b>Fruit Slushie</b> <b>Milk</b></p>	<p><b>30</b></p> <p><b>Hot Dog or Coney Dog</b> <b>Baked Beans</b> <b>Cheez-Its</b> <b>Apple Slices</b> <b>Milk</b></p>	<p><b>1</b></p> <p><b>Popcorn Shrimp</b> <b>W/Cocktail Sauce</b> <b>Baby Baker Potatoes</b> <b>Cali Blend Vegetables</b> <b>Banana</b> <b>Milk</b></p>	<p><b>2</b></p> <p><b>Boneless Wings</b> <b>French Fries</b> <b>Carrots</b> <b>Blueberries</b> <b>Milk</b></p>	<p><b>3</b></p> <p><b>Pizza Bar</b> <b>Applesauce</b> <b>Corn</b> <b>Dessert</b> <b>Milk</b></p>

### News

**FREE Lunches**  
WE will no longer be offering a B Choice.  
\*Grilled cheese sandwiches are available daily as a C option

All Centerville-Abington Community School lunch menus are in compliance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as a la carte items.

Did you know we offer breakfast? We do, At all four school buildings daily with up to three choices to choose from. Breakfast will start your day right for a day filled with fun and learning!

Due to food supply chain issues please understand that:  
**ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE**