



# AUGUST | 2018

## Centerville-Abington Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Welcome back to Centerville-Abington Community Schools!**

Did you know we offer breakfast at all four school buildings daily with up to three choices to choose from? If your student(s) qualify for free or reduced price lunch, they can also receive breakfast at the free or reduced rate! Breakfast will start your day right for a day filled with fun and learning!

<p><b>6</b></p>	<p><b>7</b> This menu is subject to change without notice.</p>	<p><b>8</b> WG Chicken Patty Sandwich on WG Bun Mashed Sweet Potatoes Blueberries Fruit Slushie Milk</p>	<p><b>9</b> WG Spaghetti with WG Breadstick Green Beans Apple Slices Milk</p>	<p><b>10</b> WG Stuffed Crust Pepperoni Pizza Peas Side Salad Pears Milk</p>
<p><b>13</b></p> <p>Ravioli with WG Goldfish Crackers Peas &amp; Carrots Mixed Fruit Milk</p>	<p><b>14</b></p> <p>Pulled Pork Sandwich on WG Sub Bun Baked Beans Pickle Spear Grapes Milk</p>	<p><b>15</b> Italian Meatballs with WG Breadstick Green Beans Side Salad Strawberries Jello Milk</p>	<p><b>16</b></p> <p>Turkey Manhattan with WG Bread Slice Broccoli Pineapple Milk</p>	<p><b>17</b> NEW ITEM!! WG French Bread Cheese Pizza Sweet Potato Fries Green Beans Applesauce Milk</p>
<p><b>20</b></p> <p>WG Pepperoni Calzone with Pizza Sauce Cooked Carrots Side Salad Peaches Milk</p>	<p><b>21</b> Taco Tuesday! Soft Taco on WG Tortilla with Shrd Cheese Shrd Lettuce &amp; Tomato Refried Beans Apple Slices Milk</p>	<p><b>22</b> NEW ITEM! WG Buffalo Chicken Wraps with Cheese, Shrd Lettuce &amp; Tomato Mashed Potatoes &amp; Gravy Clementines Milk</p>	<p><b>23</b> Breakfast for Lunch! Scrambled Eggs with WG Cinnamon Roll Hashbrown Smiles Fruit Juice Milk</p>	<p><b>24</b> WG Tony's Pepperoni Pizza Broccoli with Cheese Pears Cookie Milk</p>
<p><b>27</b></p> <p>WG Mini Cheese Bosco Sticks with Pizza Sauce Green Beans Applesauce Milk</p>	<p><b>28</b></p> <p>Chef Salad with WG Crackers Grapes Jello Milk</p>	<p><b>29</b></p> <p>Deli Meat &amp; Cheese Wrap on WG Tortilla Shrd Lettuce &amp; Tomato Baked Beans Pineapple Milk</p>	<p><b>30</b> Homemade Chicken &amp; Noodles with WG Dinner Roll Mashed Potatoes &amp; Gravy Side Salad Strawberries Milk</p>	<p><b>31</b> WG Tony's Cheese Pizza Baked Potato Wedges Mixed Veggies Mixed Fruit Brownie Milk</p>

### Meal Prices

Lunch: \$2.25  
Reduced Lunch: \$0.40  
Adult Lunch: \$3.00

### B Option

Monday- WG Chicken Nuggets  
Tuesday- Beef & Cheddar Sandwich on WG Bun  
Wednesday- Hot Dog on WG Bun  
Thursday- Hamburger on WG Bun  
Friday- No Alternate  
\*Grilled cheese sandwiches and chef salads are available daily as a C option.

All Centerville-Abington Community School lunch menus are in agreement with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

**You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CAE main office, CAE cafeteria, or to your student's teacher.**